

## Request for your cooperation in a questionnaire survey on the mental health of international students

Tottori University's Center for International Affairs plans to conduct a research study on "the mental health of international students." So far, we do not fully understand the mental health issues faced by international students studying in Japan, nor the effectiveness of mental health seminars. Therefore, the main purpose of this survey is to understand the mental health of international students studying at Tottori University and to investigate the effectiveness of mental health seminars.

Please confirm the following content before participating in the research:

- This research study will be reviewed by the Tottori University Faculty of Medicine's Institutional Review Board (IRB) and conducted with the approval of its Dean. The research period is as follows:

From the approval of IRB to March 2033.

- Participation in the research is voluntary. By checking the box on the questionnaire form (please see below), you are indicating your consent. Also, if you are unable to participate in the questionnaire survey, it will have no impact on your academic performance.

Please note that information about this research is available on the following website:

URL: <http://www2.hosp.med.tottori-u.ac.jp/introduction/3107/>

- The questionnaire survey will be conducted online.
- All information will be electronically sent to and aggregated by the Department of Clinical Psychology, Graduate School of Medical Sciences, at Tottori University. The principal investigator will be responsible for securely storing and managing the data.

- Participants in this study may access the research proposal and materials related to the research methodology, provided that it does not jeopardize the confidentiality of other participants' identifiable information or the study's originality. If you are interested, please do not hesitate to contact us.

- You can withdraw from participating in the research at any time, even after the questionnaire results have been collected. After collecting the questionnaire results, we will comply with laws and regulations regarding the protection of identifiable information to prevent any leakage.

- The questionnaire results collected will be stored until either five years after the reported completion date of

this research or three years after the reported date of the final publication of the research findings, whichever comes later. After the storage period has elapsed, the data will be properly disposed of to ensure individuals cannot be identified.

- The results of the questionnaire survey may be used for presentations at academic conferences or in scientific journals. However, no personally identifiable information, such as names, will be disclosed, ensuring the protection of personal information.
- In participating in the research, there is no particular benefit that can be expected. The survey will take approximately 10-20 minutes to complete. There will be no compensation provided.
- In the event that the survey results lead to the creation of intellectual property, such as patents, the rights will be attributed to Tottori University and not to the participants.
- This research is not conducted with support from corporations or organizations, and there is no conflict of interest.

This research aims to contribute to the advancement of the field. We greatly appreciate your understanding and cooperation.

Principal Investigator:

Tamaki Hosoda-Urban, Professor

Department of Clinical Psychology, Graduate School of Medical Sciences, Tottori University

Mailing address: 86 Nishimachi, Yonago City, Tottori Prefecture 683-8503

TEL: 0859-38-6408 (Hosoda-Urban Laboratory)

Fax: 0859-38-6100 (Clinical Psychology Program)

E-mail: [t.hosoda.urban@tottori-u.ac.jp](mailto:t.hosoda.urban@tottori-u.ac.jp)

Inquiries

Tamaki Hosoda-Urban, Professor

Department of Clinical Psychology, Graduate School of Medical Sciences, Tottori University,

Mailing address: 86 Nishimachi, Yonago City, Tottori Prefecture 683-8503

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Research Institution and Team:

Tamaki Hosoda-Urban, Professor, Department of Clinical Psychology, Graduate School of Medical Sciences, Tottori University

Emi Kaburagi, Assistant Professor, Global Education Division, Center for International Affairs, Educational Support & International Exchange Promotion Organization, Tottori University